

Erik Everhart Biography



Dr. Erik Everhart is an Associate Professor of Psychology. He received his Ph.D. from Virginia Tech in 1998, specializing in clinical psychology and neuropsychology. He completed a double specialty internship in neuropsychology and geropsychology at the Buffalo Veteran's Affairs Medical Center in 1998. He also completed a two-year postdoctoral fellowship in clinical neuropsychology and electrophysiology within the Department of Neurology at University at Buffalo in 2000. Dr. Everhart joined the faculty at East Carolina University in 2000. He specializes in the neuropsychology of emotion processing and personality traits that impact brain function and medical disease. For the past eight years, he has studied the influence of hostility on cognition and brain function and the cardiovascular system. An important component of Dr. Everhart's work also includes study of the neurophysiological correlates of sex-related differences, and how such differences may impact hostility and neurocognitive function. More recently, he is interested in behavioral sleep medicine and the effects of hostility on sleep function and compliance with treatment. Dr. Everhart has partnered with the Pitt County Memorial Hospital Sleep Center and Dr. Daniel Lee of East Carolina Neurology in order to pursue these interests.

Dr. Everhart is the author or co-author of approximately 35 articles and book chapters. He has published in such journals as *Neuropsychology*, *Biological Psychology*, *Personality and Individual Differences*, *Cognition and Emotion*, *Psychoneuroendocrinology*, *Clinical Neurophysiology*, *Behavioral and Cognitive Neuroscience Reviews*, and *Brain and Cognition*. Dr. Everhart has presented over 40 research papers and 18 invited lectures at various conferences and presentation formats.

He has also been interviewed and quoted by various newspapers and radio reports including the BBC, CBC, ABC, Bloomberg News, The Scientist, and various local news agencies. He has also presented numerous educational symposia to regional and local agencies such as Eastern AHEC and local chapters of the National Multiple Sclerosis Society.

Dr. Everhart is a member of Phi Beta Kappa and has won awards in the past for research and teaching. In 2001, he won the College Research Award, which is offered by the Thomas Harriott College of Arts & Sciences. In 2004, he received the Board of Governors Distinguished Professor of Teaching Award from East Carolina University.